



# WARM WEATHER CARRYING *with* integrababy™

Carrying your child when the weather gets warmer needs some extra consideration, especially if you are not used to warmer temperatures.



## SUN PROTECTION

The Solar Integra provides UV protection. Areas of skin not covered can be protected through hats, thin layers, sun cream and shade. All Integra Models can be used in warmer weather – the Integra design provides a comfortable ergonomic way to carry in all weather.



## TEMPERATURE REGULATION

Make sure that both your baby and the person carrying the baby do not overheat. A thin cloth between your body and baby can help absorb sweat and keep you both cooler.



## KEEP HYDRATED

Make sure you have access to enough water and if your baby is breastfed they have plenty opportunities to feed.



## AIRFLOW

Always make sure that there is plenty of airflow around your baby's face and that any material used to shade their head is not obstructing either the flow of the air or your view of your baby.



## TAKE A BREAK

Remain aware of both your own and your baby's comfort and take a break when needed.